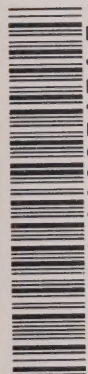
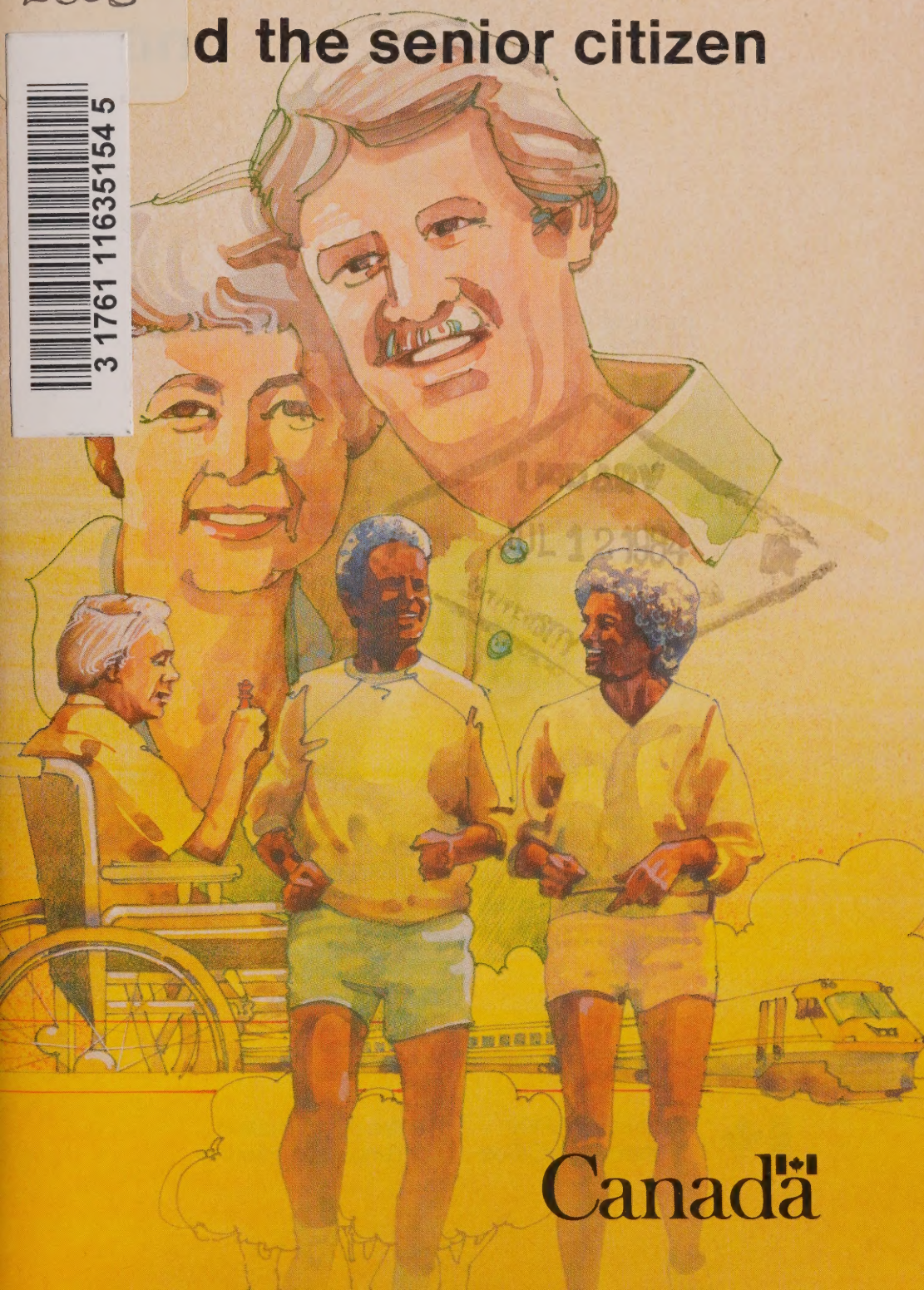


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# The Government of Canada and the senior citizen



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Canada





# Table of Contents

	page
<b>The senior citizen</b> .....	1
<b>Old Age Security program</b> .....	2
the basic old age security pension.....	3
guaranteed income supplement.....	3
spouse's allowance .....	3
old age security identification card .....	4
<b>The Canada Pension Plan</b> .....	5
other protection .....	6
<b>Income tax deductions</b> .....	7
<b>Unemployment Insurance</b> .....	8
<b>Veterans and their dependants</b> .....	9
<b>New Horizons</b> .....	10
national advisory council on aging.....	12
<b>Housing</b> .....	13
<b>Travel</b> .....	15
<b>For more information</b> .....	16
old age security and Canada pension plan offices .	16
international agreements.....	20
taxation offices .....	20
new horizons offices .....	25
veterans affairs offices.....	28





# The senior citizen

In recognition of the contributions that senior citizens have made to Canadian society, the Government of Canada offers a number of special programs to meet the particular needs of those who are 65 years of age and older.

Many of the major programs are outlined in the following pages, but since this brochure is not exhaustive, and since programs are altered from time to time, you may wish to consult the appropriate departments or agencies for more detailed information.

# Old Age Security program

The **Old Age Security** program is designed to provide a measure of financial security for senior citizens.

Benefits under the Old Age Security Act take three forms: the basic **Old Age Security (OAS)** pension, the **Guaranteed Income Supplement (GIS)** and the **Spouse's Allowance (SPA)**.

These benefits are not paid automatically when you become 65; you must apply for them, and you should do it six months before you reach your 65th birthday. Application forms are available from post offices, Old Age Security offices or Canada Pension Plan offices.

The following descriptions will give you a general idea of the benefits available. You may wish to obtain more





information, which can be obtained from your nearest Old Age Security or Canada Pension Plan office. Addresses and telephone numbers are listed at the end of this brochure.

## **The basic Old Age Security pension**

If you are a Canadian citizen or legal resident 65 or older and have lived in Canada long enough to meet the residence requirements, you are entitled to an Old Age Security pension. It is not necessary to be retired in order to be eligible.

## **Guaranteed Income Supplement**

In addition to the basic Old Age Security pension, you may be entitled to a Guaranteed Income Supplement. This is a monthly payment that may be added to your Old Age Security pension if your income apart from the pension is limited.

The amount of the supplement depends on your income and your marital status. If you are married, your combined incomes (yours and your spouse's) will be taken into consideration in determining the amount of Guaranteed Income Supplement you will receive.

You must reapply for the supplement each year.

## **Spouses' Allowance**

This is a monthly payment that you may receive if you are between 60 and 65 years of age and are married to an old age pensioner. This payment provides additional income to a couple living on a single Old Age Security pension. The allowance continues until the spouse reaches 65 or remarries, and it also provides survivors' benefits.

OAS, GIS and SPA benefit levels are adjusted every three months. If the cost of living, as measured by changes in the consumer price index, has gone up, benefits are increased. However, if the cost of living drops, the pension is not reduced.

## **Old Age Security identification card**

Once your application for the Old Age Security pension is approved you will receive an Old Age Security identification card, shortly after you receive your first pension cheque.

The card, which shows your name and social insurance number, will be of assistance in cashing your Old Age Security cheque. It also serves as proof of age and enables you to take advantage of such benefits as price discounts offered by many businesses.



# The Canada Pension Plan

The **Canada Pension Plan (CPP)**, established in 1966, is a compulsory, contributory, social insurance program designed to help people in Canada build a better future for themselves and their families. The plan provides retirement, disability and survivors' benefits. CPP covers most of Canada's working people, except for those living in Quebec, who come under the Quebec Pension Plan (QPP). The two plans are closely co-ordinated so that you are protected wherever you live in Canada.

A few types of employment are not covered. Your CPP or QPP office can give you details of these exceptions.

To have coverage for any particular year, you must be between the ages of 18 and 70 and have made contributions on earnings over a minimum level (\$1,800 in 1983). You are entitled to a retirement pension, if at any time during your career, you made the required contributions to the CPP or QPP in at least one calendar year.

You can apply for this pension when you reach 65, whether you retire or not. Or, you may elect to contribute to the plan until you are 70 if this will increase the amount of your eventual CPP/QPP pension. At that time, you should seek to start collecting your pension since you can no longer contribute.

## **Other protection**

If you become disabled before 65 and have contributed for the minimum qualifying period, you can receive a pension for yourself and your dependants until you recover. If someone who has contributed to CPP for the minimum qualifying period dies, a lump-sum death benefit will be paid to the estate, and the contributor's spouse will receive a pension if he or she meets certain requirements. In addition, children of the contributor will be paid benefits until they reach the age of 18, or up to 25 if they continue to attend school full-time.

All pensions and benefits are adjusted annually to reflect increases in the cost of living. You are entitled to benefits whether or not you live in Canada after your retirement.



# Income tax deductions

If you are 65 years of age or over during the current tax year, you are entitled to an age exemption deduction. For the tax year 1983, the amount was \$2,360.

You may also deduct certain pension income.

Don't forget that income from Guaranteed Income Supplement, Spouse's Allowance, veteran's disability and dependent pensioners payments, as well as War Veterans' Allowance, is not taxable.

For more information and assistance, see your tax guide or consult your district taxation office.



# Unemployment Insurance

When you reach age 65, you are no longer required to pay Unemployment Insurance premiums. So, if your employer continues to deduct premiums from your pay-cheque, let him or her know that you are no longer obliged to pay. You can claim any such deductions back on your income tax return for that year.

At the same time, you are no longer eligible to collect regular Unemployment Insurance benefits or illness benefits.

A special one-time benefit is available, at age 65, to anyone who has worked and paid Unemployment Insurance premiums for 20 weeks in the previous year. The lump sum is equal to three times the weekly payment you would get if you were receiving regular Unemployment Insurance benefits. The weekly payment is 60 per cent of your average weekly insurable earnings for the last 20 weeks you worked and paid UI premiums. File your application as soon as possible after your 65th birthday to ensure you have the 20 weeks of insurable employment needed to qualify.

If you are getting regular or illness benefits, they will stop when you turn 65. Details are included in the pamphlet *UI and you: when you reach 65*, which is available along with application forms from all Canada Employment Centres (Unemployment Insurance offices).



# Veterans and their dependants

If you are a veteran of the Canadian, Commonwealth or Allied forces, you may be eligible for the following services offered by the Canadian government: disability pensions, allowances, pensions for dependants, medical care, counselling and educational assistance for veterans and children of the war dead. Further assistance is available under the **Aging Veterans Programs** to enable eligible veterans to continue to live independently and comfortably in their own homes.

In some cases, similar benefits are available to civilians who served in close association with the Armed Forces, such as Canadian merchant seamen.

For more information, contact your nearest Veterans Affairs Canada office or the head office at:

Veterans Affairs Canada  
4th Floor  
Dominion Building  
97 Queen Street  
P. O. Box 7700  
Charlottetown, Prince Edward Island  
C1A 8M9  
Tel: (902) 566-8118

Addresses and telephone numbers at Veterans Affairs regional offices are listed at the back of this booklet.

# New Horizons

Although you may retire at 65, your hard-earned skills and experience remain as valuable as ever. With this in mind, the Canadian government, in 1972, established the **New Horizons Program**. Through projects of your own choosing, this program allows you to share your skills, talents and energy with others in the community.





Would you like to be a foster grandparent, provide a dial-a-friend service, restore an historical site in your community, attend university or art classes or start a newspaper, television or radio program for senior citizens? These are examples of some of the almost 11,300 projects that have been started under the New Horizons Program.

To be eligible for a grant to get a project in motion, you must be part of a group with at least 10 others who will serve as volunteer directors. The majority of the directors must be permanently retired and willing to share responsibility for the administration of the project.



Your first step in applying for a grant is to get in touch with the nearest regional New Horizons office. Addresses and telephone numbers of these offices are listed at the end of this brochure.

Grants are available for up to 18 months, and extensions for an additional 18 months are possible. The funds are not to be used for salaries of participants, but to meet the costs of organizing and carrying out the project. Any profits made from the project are to be reinvested in it.

Funding for your project may also come from other sources. Your project may fulfill its objectives by the time the grant expires or it may, by that time, be self-supporting.

## **National Advisory Council on Aging**

Terms of reference for the council include reviewing the needs and problems of older people, recommending remedial action, consulting with national, provincial and local associations involved in aging, publishing reports and stimulating public discussion on aging.

For more information, contact:

National Advisory Council on Aging  
Jeanne-Mance Building  
Tunney's Pasture  
Ottawa, Canada  
K1A 0Z9  
Tel. : (613) 996-6522



# Housing

**The Canada Mortgage and Housing Corporation** helps to make adequate housing available for those Canadians living on modest incomes. Private non-profit groups, public agencies or co-operative organizations interested in sponsoring housing for the elderly can receive ongoing financial assistance from CMHC. The assistance is available for housing projects which are newly constructed or for existing projects which have been acquired when the need for low-rental housing is evident in a community and the funds are available.

Senior citizens, by pooling their efforts in a co-operative group, can receive similar assistance under the **Co-operative Housing Program**.

A special start-up program has been established to provide groups with the funds they need to cover expenditures for such things as research, organization, incorporation, selection of site, option to purchase, professional fees and similar costs. Each group will be assessed by CMHC to see if it is eligible and the project will be analyzed before a loan commitment is made.

Loan insurance for up to 100 per cent of the agreed cost of the project is available when mortgage financing is obtained from lenders approved by CMHC.

Ongoing financial assistance, equal to a write-down of mortgage interest payments from the market rate to as low as two per cent, is available to reduce project rental costs.

Usually, in each housing project, some units are also set aside for those on lower incomes who pay on a rent-to-income scale. This amount is usually 25 per cent of their income.

If you are part of a group that would like to start a co-operative housing project or sponsor a non-profit project, or would like to know if such projects exist in your area, check your telephone directory for your local office of the Canada Mortgage and Housing Corporation.

# Travel

You may want to use your retirement years to see more of Canada.

Under the rate structures authorized by the Canadian Transport Commission, senior citizens (65 and older) can travel in Canada at reduced fares.

Discounts are offered by a number of airlines and by Via Rail Canada. Airlines offer a 10 per cent regular scheduled flight fare reduction on confirmed reservations for domestic flights. (At some periods of the year even greater discounts are available to the general public.) For travel by Via Rail Canada, the discount is 33 per cent.

Since the policy on fare reductions may change periodically, it is best to check with your nearest airline or Via Rail office, or a travel agent when planning your trip.



# For more information

Following are some addresses and telephone numbers that may be useful if you want to approach particular departments and agencies for additional information on specific programs and services. Space permits the listing only of those offices located in the larger populated centres. Readers in other communities are encouraged to consult their telephone directories for the nearest Government of Canada offices.

## **Old Age Security and Canada Pension Plan offices**

### **Newfoundland**

Income Security Programs  
Health and Welfare Canada  
310 Pleasantville  
P. O. Box 9430  
St. John's, Newfoundland  
A1A 2Y5  
Tel.: (709) 737-5501

### **Prince Edward Island**

Income Security Programs  
Health and Welfare Canada  
Kelly Building, Suite 101  
3 Harbourside  
Charlottetown, Prince Edward Island  
C1A 7M9  
Tel.: (902) 892-6587

**Nova Scotia**

Income Security Programs  
Health and Welfare Canada  
Scotia Square  
Barrington Tower, Suite 1300  
Halifax, Nova Scotia  
B3J 3J4  
Tel.: (902) 426-3720

**New Brunswick**

Income Security Programs  
Health and Welfare Canada  
44 Prince William Street  
Saint John, New Brunswick  
E2L 4S1  
Tel.: (506) 648-4527

**Quebec**

Income Security Programs  
Health and Welfare Canada  
15 Henderson Street  
Quebec, Quebec  
G1K 7L5  
Tel.: (418) 694-3332

Income Security Programs  
Health and Welfare Canada  
1 Complexe Desjardins  
Suite 10004, South Tower  
Montreal, Quebec  
H5B 1G6  
Tel.: (514) 283-5750

**Ontario**

Income Security Programs  
Health and Welfare Canada  
Trafalgar Building, 1st Floor  
207 Queen Street  
Ottawa, Ontario  
K1A 0K9  
Tel.: (613) 996-6644

Income Security Programs  
Health and Welfare Canada  
789 Don Mills Road  
P. O. Box 6000, Station Q  
Toronto, Ontario  
M4T 2P6  
Tel.: (416) 423-6900

**Manitoba**

Income Security Programs  
Health and Welfare Canada  
Eaton Place, 1st Floor  
330 Graham Avenue  
Winnipeg, Manitoba  
R3C 4C8  
Tel.: (204) 949-3640

**Saskatchewan**

Income Security Programs  
Health and Welfare Canada  
Dominion Government Building  
1975 Scarth Street  
Regina, Saskatchewan  
S4P 3K4  
Tel.: (306) 359-5631



Income Security Programs  
Health and Welfare Canada  
Financial Building, Room 201  
230-22nd Street East  
Saskatoon, Saskatchewan  
S7K 0E9  
Tel.: (306) 569-5631

### **Alberta, Yukon and Northwest Territories**

Income Security Programs  
Health and Welfare Canada  
Manulife House  
10005-106th Street  
Edmonton, Alberta  
T5J 2Z6  
Tel.: (403) 420-2669

Income Security Programs  
Health and Welfare Canada  
Government of Canada Building  
220-4th Street South West  
Calgary, Alberta  
T3P 3C1  
Tel.: (403) 231-5554

### **British Columbia**

Income Security Programs  
Health and Welfare Canada  
1230 Government Street  
Victoria, British Columbia  
V8W 1T5  
Tel.: (604) 386-5355

Income Security Programs  
Health and Welfare Canada  
1522 West, 8th Avenue  
Vancouver, British Columbia  
V6J 1T5  
Tel.: (604) 732-1177

## **International agreements**

International Agreements Office  
Health and Welfare Canada  
Jeanne-Mance Building, 10th Floor  
Tunney's Pasture  
Ottawa, Ontario  
K1A 0L4  
Tel.: (613) 995-6175

## **Taxation offices**

### **Newfoundland**

Revenue Canada Taxation  
Sir Humphrey Gilbert Building  
164 Duckworth Street  
St. John's, Newfoundland  
A1C 5X6  
Tel.: (709) 737-5050

### **Prince Edward Island**

Revenue Canada Taxation  
90 Richmond Street  
Charlottetown, Prince Edward Island  
C1A 8L3  
Tel.: (902) 894-5556

### **Nova Scotia**

Revenue Canada Taxation  
Ralston Building  
1557 Hollis Street  
Halifax, Nova Scotia  
B3J 2T5  
Tel.: (902) 426-2210

Revenue Canada Taxation  
60 Dorchester Street  
Sydney, Nova Scotia  
B1P 6K3  
Tel.: (902) 539-5361

**New Brunswick**

Revenue Canada Taxation  
65 Canterbury Street  
Saint John, New Brunswick  
E2L 4H9  
Tel.: (506) 648-4600

Revenue Canada Taxation  
786 King Avenue  
Bathurst, New Brunswick  
E2A 1R5  
Tel.: (506) 548-4407

**Quebec**

Revenue Canada Taxation  
165 Dorchester Street South  
Quebec, Quebec  
G1K 7L3  
Tel.: (418) 694-3180

Revenue Canada Taxation  
National Revenue Building  
305 Dorchester Boulevard West  
Montreal, Quebec  
H2Z 1A6  
Tel.: (514) 283-5300

Revenue Canada Taxation  
11 Terminus Street East  
Rouyn, Quebec  
J9X 3B5  
Tel.: (819) 764-5171

Revenue Canada Taxation  
50 Couture Street  
Sherbrooke, Quebec  
J1H 4G9  
Tel.: (819) 565-4888



Revenue Canada Taxation  
3131 Boulevard St-Martin West  
Laval, Quebec  
H7T 2A7  
Tel.: (514) 283-5300

Revenue Canada Taxation  
Room 200  
5245 Boulevard Cousineau  
St-Hubert, Quebec  
J3Y 7Z7  
Tel.: (514) 283-5300

### **Ontario**

Revenue Canada Taxation  
Century Building  
360 Lisgar Street  
Ottawa, Ontario  
K1A 0L9  
Tel.: (613) 598-2275

Revenue Canada Taxation  
36 Adelaide Street East  
Toronto, Ontario  
M5C 1J7  
Tel.: (416) 869-1500

Revenue Canada Taxation  
385 Princess Street  
Kingston, Ontario  
K7L 1C1  
Tel.: (613) 542-2831

Revenue Canada Taxation  
11 Station Street  
Belleville, Ontario  
K8N 2S3  
Tel.: (613) 962-8611

Revenue Canada Taxation  
150 Main Street West  
Hamilton, Ontario  
L8N 3E1  
Tel.: (416) 522-8671

Revenue Canada Taxation  
166 Frederick Street  
Kitchener, Ontario  
N2G 4N1  
Tel.: (519) 579-2230

Revenue Canada Taxation  
23 Church Street  
St. Catharines, Ontario  
L2R 3B9  
Tel.: (416) 688-4000

Revenue Canada Taxation  
451 Talbot Street  
London, Ontario  
N6A 5E5  
Tel.: (519) 679-4211

Revenue Canada Taxation  
185 Ouellette Avenue  
Windsor, Ontario  
N9A 5S8  
Tel.: (519) 252-3611

Revenue Canada Taxation  
19 Lisgar Street South  
Sudbury, Ontario  
P3E 3L5  
Tel.: (705) 673-7811

Revenue Canada Taxation  
201 North Bay Street  
Thunder Bay, Ontario  
P7C 3P5  
Tel.: (807) 623-2751

**Manitoba**

Revenue Canada Taxation  
Revenue Building  
391 York Avenue  
Winnipeg, Manitoba  
R3C 0P5  
Tel.: (204) 949-6188

**Saskatchewan**

Revenue Canada Taxation  
Income Tax Building  
1955 Smith Street  
Regina, Saskatchewan  
S4P 2N9  
Tel.: (306) 359-6015

Revenue Canada Taxation  
201-21st Street East  
Saskatoon, Saskatchewan  
S7K 0A8  
Tel.: (306) 665-4595

**Alberta**

Revenue Canada Taxation  
Harry Hays Building  
220-4th Avenue South East  
Calgary, Alberta  
T2G 0L1  
Tel.: (403) 231-4101

Revenue Canada Taxation  
9820-107th Street  
Edmonton, Alberta  
T5K 1E8  
Tel.: (403) 420-3510



## **British Columbia**

Revenue Canada Taxation  
277 Winnipeg Street  
Penticton, British Columbia  
V2A 1N6  
Tel.: (604) 493-3616

Revenue Canada Taxation  
1166 West Pender Street  
Vancouver, British Columbia  
V6E 3H8  
Tel.: (604) 689-5411

Revenue Canada Taxation  
1415 Vancouver Street  
Victoria, British Columbia  
V8V 3W4  
Tel.: (604) 386-0121

## **New Horizons offices**

### **(National office)**

New Horizons Program  
Health and Welfare Canada  
Brooke Claxton Building, 6th Floor  
Tunney's Pasture  
Ottawa, Canada  
K1A 1B5  
Tel.: (613) 996-8358

### **Newfoundland**

New Horizons Program  
Health and Welfare Canada  
Sir Humphrey Gilbert Building  
165 Duckworth Street, Room 602  
St. John's, Newfoundland  
A1C 1G4  
Tel.: (709) 737-2279

**Prince Edward Island**

New Horizons Program  
Health and Welfare Canada  
3 Harbourside, Suite 101  
Charlottetown, Prince Edward Island  
C1A 7M9  
Tel.: (902) 892-6587

**Nova Scotia**

New Horizons Program  
Health and Welfare Canada  
5670 Spring Garden Road, Room 210  
Halifax, Nova Scotia  
B3J 1H6  
Tel.: (902) 426-2741

**New Brunswick**

New Horizons Program  
Health and Welfare Canada  
Terminal Plaza Building, 3rd Floor  
1222 Main Street  
Moncton, New Brunswick  
E1C 1H6  
Tel.: (506) 388-7007

**Quebec**

New Horizons Program  
Health and Welfare Canada  
Place Université, Suite 402  
1255 University Street  
Montreal, Quebec  
H3B 3B6  
Tel.: (514) 283-7306

**Ontario**

New Horizons Program  
Health and Welfare Canada  
2300 Yonge Street, Suite 1104  
Toronto, Ontario  
M4P 1E4  
Tel.: (416) 481-5183

**Manitoba**

New Horizons Program  
Health and Welfare Canada  
Eaton Place, 1st Floor  
330 Graham Avenue  
Winnipeg, Manitoba  
R3C 4C8  
Tel.: (204) 949-2833

**Saskatchewan**

New Horizons Program  
Health and Welfare Canada  
1957 Scarth Street, 4th Floor  
Regina, Saskatchewan  
S4P 3K4  
Tel.: (306) 359-5355

**British Columbia**

New Horizons Program  
Health and Welfare Canada  
1525 West-8th Avenue, Room 104  
Vancouver, British Columbia  
V6J 1T5  
Tel.: (604) 732-4303



## **Alberta, Yukon and Northwest Territories**

New Horizons Program  
Health and Welfare Canada  
Financial Building  
10621-100th Avenue  
Edmonton, Alberta  
T5J 0B3  
Tel.: (403) 420-2754

## **Veterans Affairs offices**

### **Newfoundland**

Veterans Affairs Canada  
Herald Towers Building, 2nd Floor  
4 Herald Avenue  
P. O. Box 1156  
Corner Brook, Newfoundland  
A2H 6T2  
Tel.: (709) 634-4468

Veterans Affairs Canada  
Sir Humphrey Gilbert Building  
165 Duckworth Street, Room 602  
P. O. Box 5068  
St. John's, Newfoundland  
A1C 1G4  
Tel.: (709) 772-4716

### **Prince Edward Island**

Veterans Affairs Canada  
Confederation Court Tower, 4th Floor  
134 Kent Street  
P. O. Box 1300  
Charlottetown, Prince Edward Island  
C1A 7M8  
Tel.: (902) 892-5576

**Nova Scotia**

Veterans Affairs Canada  
Young Street Towers, 10th Floor  
6080 Young Street  
P. O. Box 8063  
Halifax, Nova Scotia  
B3K 5L8  
Tel.: (902) 426-7931

Veterans Affairs Canada  
K Mart Plaza  
352 Welton Street  
Sydney, Nova Scotia  
B1P 5S4  
Tel.: (902) 539-9580

**New Brunswick**

Veterans Affairs Canada  
Room 501, City Centre  
157 Water Street  
P. O. Box 310  
Campbellton, New Brunswick  
E3N 3G7  
Tel.: (506) 753-5069

Veterans Affairs Canada  
Chesley Place, 2nd Floor  
400 Main Street  
P. O. Box 1406  
Saint John, New Brunswick  
E2L 4J7  
Tel.: (506) 648-4815

**Quebec**

Veterans Affairs Canada  
358-B Maloney Boulevard East  
Gatineau, Quebec  
J8P 1E4  
Tel.: (819) 663-3860

Veterans Affairs Canada  
4545 Queen Mary Road  
Montreal, Quebec  
H3W 1W4  
Tel.: (514) 344-3754

Veterans Affairs Canada  
31 King Street West, Room 411,  
Sherbrooke, Quebec  
J1H 1N5  
Tel.: (819) 565-4783

Veterans Affairs Canada  
Room 6010, Champlain Tower  
Place Laurier  
2700 Laurier Boulevard  
Ste. Foy, Quebec  
G1V 4K5  
Tel.: (418) 694-3674

### **Ontario**

Veterans Affairs Canada  
Room 302  
37 George Street North  
Brampton, Ontario  
L6X 1R5  
Tel.: (416) 451-4630

Veterans Affairs Canada  
National Revenue Building  
150 Main Street West  
P. O. Box 490  
Hamilton, Ontario  
L8N 3J9  
Tel.: (416) 523-2531



Veterans Affairs Canada  
Federal Building  
Clarence Street  
P. O. Box 7  
Kingston, Ontario  
K7L 4V6  
Tel.: (613) 547-2464

Veterans Affairs Canada  
Victoria Hospital  
Westminster Campus  
777 Baseline Road East  
P. O. Box 5337, Terminal "A"  
London, Ontario  
N6A 4N9  
Tel.: (519) 686-7975

Veterans Affairs Canada  
Federal Building  
101 Worthington Street East  
P. O. Box 540  
North Bay, Ontario  
P1B 8J4  
Tel.: (705) 472-2000

Veterans Affairs Canada  
SBI Building, 10th Floor  
Billings Bridge Plaza  
2323 Riverside Drive  
Ottawa, Ontario  
K1A 0P5  
Tel.: (613) 998-9460

Veterans Affairs Canada  
201 Charlotte Street, 2nd Floor,  
P. O. Box 1867  
Peterborough, Ontario  
K9J 7X7  
Tel.: (705) 748-6381

Veterans Affairs Canada  
Room 303, The Public Building  
33 Court Street South  
Thunder Bay, Ontario  
P7B 2W6  
Tel.: (807) 345-7552

Veterans Affairs Canada  
Sunnybrook Medical Centre  
“ K ” Wing  
2075 Bayview Avenue  
P. O. Box 750, Station “K”  
Toronto, Ontario  
M4P 2H3  
Tel.: (416) 486-4724

Veterans Affairs Canada  
11 Front Street West, Room 620  
Toronto, Ontario  
M5J 1A4  
Tel.: (416) 369-3971

Veterans Affairs Canada  
Room 606, Trade and Commerce Building  
880 Ouellette Avenue  
Windsor, Ontario  
N9A 1C7  
Tel.: (519) 254-6478

## **Manitoba**

Veterans Affairs Canada  
Room 242,  
153 11th Street  
P. O. Box 1567  
Brandon, Manitoba  
R7A 6N3  
Tel.: (204) 727-0727

Veterans Affairs Canada  
Room 101, Commercial Building  
169 Pioneer Avenue  
Winnipeg, Manitoba  
R3C 0H3  
Tel.: (204) 949-2860

### **Saskatchewan**

Veterans Affairs Canada  
Motherwell Building, 2th Floor  
1901 Victoria Avenue  
Regina, Saskatchewan  
S4P 3R4  
Tel.: (306) 359-5240

Veterans Affairs Canada  
Room 506, Federal Building  
101-22th Street East  
Saskatoon, Saskatchewan  
S7K 0E6  
Tel.: (306) 665-4975

### **Alberta**

Veterans Affairs Canada  
Room 305, Sam Livingston Building  
510-12th Avenue South West  
Calgary, Alberta  
T2R 0X5  
Tel.: (403) 231-4048

Veterans Affairs Canada  
Baker Centre, 8th Floor  
10025-106th Street  
Edmonton, Alberta  
T5J 1G7  
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